


**Mary T. Meagher Aquatic Center**  
201 Reservoir Avenue  
Louisville KY 40206  
phone • 502/897-9949  
email • [parks@louisvilleky.gov](mailto:parks@louisvilleky.gov)  
fax • 502/897-2549  
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# MARY T. MEAGHER Aquatic Center SCHEDULE

## Summer 2015

**June 8**  
-  
**September 8**

 **METRO PARKS  
AND RECREATION**

**Mary T. Meagher Aquatic Center**  
201 Reservoir Avenue  
Louisville KY 40206

Greg Fischer  
Mayor  
Louisville Metro Council



**METRO PARKS  
AND RECREATION**



# About the Facility

## Mary T. Meagher Aquatic Center

201 Reservoir Avenue  
Louisville KY 40206

phone 502/897-9949  
fax 502/897-2549  
email parks@louisvilleky.gov  
web metro-parks.org

### Hours

Mon-Fri, 5:30 a.m.-8:15 p.m.  
(pool closes at 8 p.m.)

Sat, 9 a.m.-5 p.m.  
(pool closes at 5 p.m.)

Sun, closed

### Facility and Park Amenities

The Mary T. Meagher Aquatic Center facility includes:

- Olympic 11-lane (50 meter) competition swimming pool
- Therapy pool
- Weight room

Crescent Hill Park also has:

- Lighted tennis courts
- Crescent Hill Golf Course (9 holes)
- Louisville Water Company Reservoir (0.75 mile walking path)

Programs offered by Metro Parks Aquatics include:

- Aqua aerobics
- Birthday parties
- Pre-competitive training
- Aqua therapy classes
- Dive-in movie
- Swim lessons for all ages
- Arthritis and deep water classes

Lockers are available for rental per day, or you may bring your own lock.

Mary T. Meagher is the greatest butterfly swimmer ever. For her feats she earned the nickname "Madame Butterfly." Meagher won three gold medals at the 1984 Olympics, in both butterfly events (100M and 200M) and in the 4x100M medley relay. In 1988, by then past her prime, she earned a bronze in the 200M butterfly and a silver in the medley 4x100M relay. Meagher would likely have won both events in 1980, had the United States not boycotted the Moscow Olympics. She was world champion in 1982 over 100M and in 1986 over 200M. She set two world butterfly records over 100M, and five over 200M, beginning in 1979. Her performance at the 1981 U.S. Nationals remains her greatest effort, when she set world records of 57.93 for 100M, and 2:05.96 for 200M. These records, extremely dominant for their time, both lasted until 1999 before being broken. Her full name was Mary Terstegge Meagher, with her middle name derived from her mother's maiden name. Meagher was always known as Mary T. to differentiate her from a sister who later entered a convent, to literally become a sister, Sister Mary Glen.

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### STAFF

**Scott Risinger** Aquatics Manager .....scott.risinger@louisvilleky.gov  
**Keith Smith** Aquatics Supervisor.....keith.smith@louisvilleky.gov  
**Lesla Settle** Head Lifeguard .....lesla.settle@louisvilleky.gov  
**Susan Mahoney** Information Specialist • General Questions ....susan.mahoney@louisvilleky.gov  
**Yolanda Allen** Administrative Clerk .....yolanda.allen@louisvilleky.gov  
**Hammerheads Swim Team Coach** .....hammerheadscoach@gmail.com

The mission of Louisville Metro Parks is to create a City of Parks where people can play, learn, grow and be healthy. The mission is accomplished by taking care of all parks properties and creating new ones, by providing safe and diverse recreational programs, and by protecting our public lands and resources for future generations.

# Metro Parks Summer Pools

## POOLS OPEN

Open for season  
June 6-August 2

**Algonquin Park**  
1614 Cypress Street  
40210  
502/772-7907

1-6 p.m. • Closed Tue\*



19, 22, 27, 99

**Fairdale**  
Nelson Hornbeck Park  
709 Fairdale Road  
40118  
502/361-8270

1-6 p.m. • Closed Mon\*



37

**Norton**  
Camp Taylor Memorial Park  
4201 Lee Avenue  
40213  
502/451-0678

11 a.m.-4 p.m. • Closed Thu\*  
IDs 11 a.m.-4 p.m., Fri-Wed



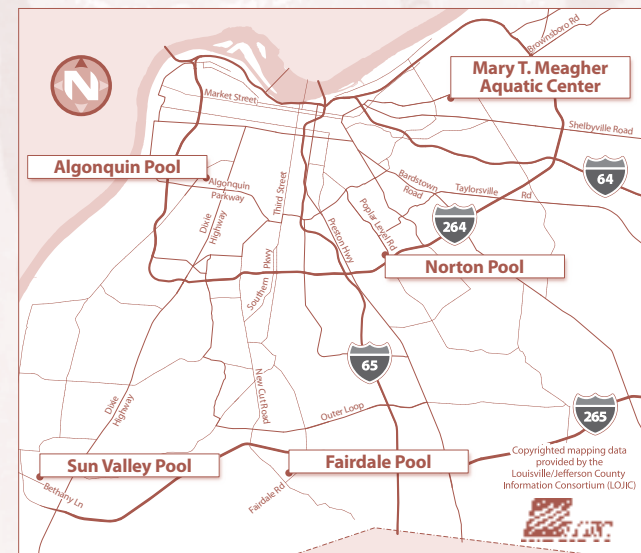
18, 43

**Sun Valley Park**  
6505 Bethany Lane  
40272  
502/935-0302

1-6 p.m. • Closed Wed\*



18, 50



### Summer Pool Admission

Prices for admission at Metro Parks summer seasonal pools are \$2 per person for ages 17 and younger, \$3 per person for ages 18 and older. Organized groups may call 897-9949 for group reservation rates.

### Summer Pool Rules

- Children under 8 must be accompanied by a person 12 or older.
- Those 9 and older must have an ID to enter
- All Metro Parks swimming pools are smoke-free.
- Chair lifts for persons with disabilities are available.
- If you require a specific accommodation, call 502/897-9949.



### Summer Pool ID Policy

IDs are made at the Norton pool and the Mary T. Meagher Aquatic Center during regular hours. IDs will not be made on pool down days. Cost is \$4 per ID. You must provide proof of name and address.

### Picnic Policy

Food and drinks may be brought into pools; coolers, glass bottles and alcohol are not permitted. Coolers are subject to search. For

questions about permitted items refer to a pool manager.

### SUMMER SEASON POOL PASSES

Pool passes are good at all Metro Parks outdoor pools. They may only be purchased at the Aquatics Office in the Mary T. Meagher Aquatic Center. To purchase one call 897-9949 or visit the Center.

Individual: \$40 • Couple: \$55 • Family of 3: \$70

Each additional family member (must reside in same household): \$20



# Birthday Parties

## Available during Recreation Swim hours!

Mary T. Meagher Aquatic Center  
will provide:

- Certified Lifeguards
- 1-Meter Diving Board
- Water Basketball

You may bring:

- Food
- Birthday cake
- Decorations, etc.

Please do not bring glass containers or confetti. Alcohol is not allowed.

### Friday Parties

The pool opens at 6 p.m.  
and closes at 8 p.m.  
All visitors must be  
out of the facility  
by 8:15 p.m.

#### Party Room

6-8 p.m. • \$6/swimmer

#### Deck Party

6-8 p.m. • \$5/swimmer



### Saturday Parties

Saturday parties are  
2 hours only.  
Please have your area  
cleaned up no later  
than 15 minutes  
after your party  
has ended.

#### Party Room

Noon-2 p.m. • \$6/swimmer  
3-5 p.m. • \$6/swimmer

#### Deck Party

Noon-2 p.m. • \$5/swimmer  
3-5 p.m. • \$5/swimmer

### Registration and Information

Reservations must be made in person, and are on a first-come, first-served basis. All birthday parties require a non-refundable registration fee - \$25 for members and \$45 for non-members - which is due at the time the party date is reserved (this fee does not apply to the final cost of the party). A non-refundable \$10 fee is assessed if you change the party's date.

Cash, check, Mastercard and Visa are accepted (driver's license number, date of birth and telephone number are required on all checks). Make checks payable to Metro Parks, and payment must be made in person at the Mary T. Meagher Aquatic Center, 201 Reservoir Avenue, Louisville KY 40206.

\*Children age 2 and under will be charged for reserved birthday parties.

# Hours/Membership

## Lap Swim and Weight Room Hours

**Mon-Fri** 5:30 a.m.-8:15 p.m.  
(pools close at 8 p.m.)  
**Sat** 9 a.m.-5:15 p.m. (pools close at  
5 p.m., no evening Rec Swim)  
**Sun** Closed

## Recreational Swim Hours

**Mon & Wed** Noon-5 p.m. (no evening  
Rec Swim past 5 p.m.)  
**Tue & Thu** Noon-8 p.m. (deep end & diving  
board closed 4:30-8 p.m.)  
**Fri** Noon-8 p.m.  
**Sat** Noon-5 p.m.

Specified lanes may be used for non-lap swim.

Building closes 15 minutes after pool closes. Therapy Pool hours are on page 4.

Children under 8 must be accompanied by a person 12 or older. Those 9 and older must have an ID to enter the facility. IDs may be made at the Mary T. Meagher Aquatic Center during regular business hours. Cost is \$4. You must provide proof of name and address.

## Fees

**Children (3-12)** \$3  
**Adults (13 and older)** \$5.50  
**Senior Card** \$48

**Seniors (60 and older)** \$4.50  
**Therapy Pool Only** \$3.50 (1 hour maximum per  
visit; you must have doctor's consent form on file)

**12-Visit Lap Swim/Weight Room Punch Card** Adults \$60 • Children \$30

## Memberships

| Monthly Pass                                | Yearly Pass                  |
|---------------------------------------------|------------------------------|
| <b>Individual</b> .....\$45                 | <b>Individual</b> .....\$355 |
| <b>Family*</b> .....\$75                    | <b>Family*</b> .....\$520    |
| <b>Senior Passes • Patrons 60 and older</b> |                              |
| <b>Monthly Pass</b>                         | <b>Yearly Pass</b>           |
| <b>Individual</b> .....\$38.50              | <b>Individual</b> .....\$320 |
| <b>Family*</b> .....\$55                    | <b>Family*</b> .....\$470    |

\* Family members must all live in the same household

## All-inclusive Yearly Memberships

Best value! Includes all Aqua and Therapy classes,  
and one free birthday party for up to 10 people;  
does not include swim lessons/programs.

**Individual** .....\$555  
**Family** .....\$720  
**Senior Family** .....\$670  
**Senior Individual** .....\$520

## Please check posted lane assignments for lane availability!

Patrons who pay the daily fees or have monthly/yearly passes may use the Weight Room.  
Youths under the age of 15 must have direct supervision by a parent  
or responsible adult when using weight equipment.

# Holidays/Closings

## Closed

**July 4 • Independence Day**  
**September 7 • Labor Day**

# Aqua Exercise

## Mondays, Wednesdays & Fridays

- 7-8 a.m. **Deep Water Class\***
- 8-9 a.m. **Deep Water Class**
- 8-9 a.m. **Aqua Exercise** (Monday & Wednesday only)
- 9-10 a.m. **Cardiac Class** (Monday & Wednesday only)
- 9-10 a.m. **Aqua Exercise**

**AEROBIC ROOM** 10-11 a.m. **Silver Sneakers** (Monday only)  
(Muscular strength and range of movement, land)

- 10-11 a.m. **Aqua Exercise**
- 11 a.m.-Noon **Aqua Exercise**
- 5:30-6:30 p.m. **Aqua Exercise** (Monday & Wednesday only)
- 6:30-7:30 p.m. **Deep Water\*** (Monday & Wednesday only)

## Tuesdays & Thursdays

- 7-8 a.m. **M.S. and related conditions**
- 8-9 a.m. **Aqua Exercise**

9 a.m. **Aqua Splash** (Silver Sneakers class, Tuesday only)

- 9-10 a.m. **Pre- and Post-Natal Class** (Thursday only)
- 9-10 a.m. **Aqua Exercise**

**AEROBIC ROOM** 10-11 a.m. **Silver Sneakers**  
(Muscular strength and range of movement, land)

- 10-11 a.m. **Aqua Exercise**
- 10-11 a.m. **Deep Water** (Thursday only)

2:30 p.m. **Aqua Splash** (Silver Sneakers class, Thursday only)

## Saturdays

- 11 a.m.-Noon **Deep Water\***
- 11 a.m.-Noon **Aqua Exercise**

**Please shower  
before entering  
the pools, and  
lock your locker!!!**

## Fees for Aqua Exercise Classes held in the Olympic Pool

If you purchase a monthly/yearly pass, the daily fee is \$3, or you may purchase a 12-visit Exercise Card for \$33. Monthly members may only purchase a maximum of 2 punch cards during their corresponding membership period.

If you do not purchase a monthly/yearly pass, the daily fee is \$6, or you may purchase a 12-visit Exercise Card for \$60.

You may take a second class on the same day for only \$1!

\*Participants must be comfortable in deep water.

# Silver Sneakers

Muscular strength and range of movement exercises, in a single land class.

**Mon/Tue/Thu: 10-11 a.m.**

**Aqua Splash**

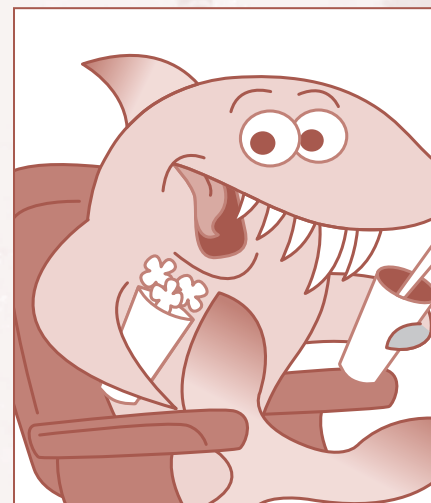
**Tue: 9 a.m.**

**Thu: 2:30 p.m.**

**The Silver Sneakers**  
**Fitness Program**



## Dive-In Movie



**June 26: Maleficent**

**July 24: When the Game Stands Tall**

Come and watch a favorite movie outdoors for free! Bring a chair or blanket and have a great time under the stars.

The Splash Park will be running, but our pool will be closed. The movie starts at 9 p.m. or once it's dark enough.

Swimmers 8 years old and younger must be accompanied by a chaperone of at least 18.

For more information or to make reservations for your group, call 502/897-9949.



# Baby Splash

The Baby Splash program is designed to give your child an introduction to the water and includes fundamental swimming and recovery skills. Until toilet trained, babies must wear tight-fitting swimsuits.

Some classes are also offered on Saturdays. There are no makeup classes, unless the Center must cancel a class. No refunds will be given, for any reasons.

**Level 1** Parent and child together • An introduction to the water as well as swimming and recovery skills.  
6-12 months

**Level 2** Parent and child together • Improve fundamental swimming and recovery skills. Level 1 prerequisite.  
12 months & older

**Level 3** Parent and child together • Improve fundamental swimming and recovery skills. Some independent swimming is encouraged. Level 2 prerequisite.  
1-3 years

|                 |                        |                  |                  |                  |             |
|-----------------|------------------------|------------------|------------------|------------------|-------------|
| <b>TUESDAY</b>  | <b>June 9-30</b>       | <b>6 p.m.</b>    | <b>4 Lessons</b> | <b>Level I</b>   | <b>\$24</b> |
| <b>TUESDAY</b>  | <b>June 9-30</b>       | <b>6:30 p.m.</b> | <b>4 Lessons</b> | <b>Level I</b>   | <b>\$24</b> |
| <b>THURSDAY</b> | <b>June 11-July 1</b>  | <b>6 p.m.</b>    | <b>4 Lessons</b> | <b>Level II</b>  | <b>\$24</b> |
| <b>THURSDAY</b> | <b>June 11-July 1</b>  | <b>6:30 p.m.</b> | <b>4 Lessons</b> | <b>Level III</b> | <b>\$24</b> |
| <b>TUESDAY</b>  | <b>July 7-28</b>       | <b>6 p.m.</b>    | <b>4 Lessons</b> | <b>Level I</b>   | <b>\$24</b> |
| <b>TUESDAY</b>  | <b>July 7-28</b>       | <b>6:30 p.m.</b> | <b>4 Lessons</b> | <b>Level I</b>   | <b>\$24</b> |
| <b>THURSDAY</b> | <b>July 9-30</b>       | <b>6 p.m.</b>    | <b>4 Lessons</b> | <b>Level II</b>  | <b>\$24</b> |
| <b>THURSDAY</b> | <b>July 9-30</b>       | <b>6:30 p.m.</b> | <b>4 Lessons</b> | <b>Level III</b> | <b>\$24</b> |
| <b>SATURDAY</b> | <b>June 13-July 25</b> | <b>8:30 a.m.</b> | <b>6 Lessons</b> | <b>Level III</b> | <b>\$39</b> |
| <b>SATURDAY</b> | <b>June 13-July 25</b> | <b>9:30 a.m.</b> | <b>6 Lessons</b> | <b>Level II</b>  | <b>\$39</b> |
| <b>SATURDAY</b> | <b>June 13-July 25</b> | <b>10 a.m.</b>   | <b>6 Lessons</b> | <b>Level I</b>   | <b>\$39</b> |



# Therapy Pool Schedule

| TIME    | SUN    | MON                | TUE                               | WED                | THU                               | FRI                | SAT          |
|---------|--------|--------------------|-----------------------------------|--------------------|-----------------------------------|--------------------|--------------|
| 6 a.m.  | CLOSED | CLOSED             | CLOSED                            | CLOSED             | CLOSED                            | CLOSED             | CLOSED       |
| 7 a.m.  | CLOSED | CLOSED             | CLOSED                            | CLOSED             | CLOSED                            | CLOSED             | CLOSED       |
| 8 a.m.  | CLOSED | Low Impact         | Open Time                         | Low Impact         | Open Time                         | Low Impact         | CLOSED       |
| 9 a.m.  | CLOSED | Open Time          | Open Time                         | Open Time          | Open Time                         | Open Time          | Swim Lessons |
| 10 a.m. | CLOSED | Arthritis Class    | Open Time                         | Arthritis Class    | Open Time                         | Open Time          | Swim Lessons |
| 11 a.m. | CLOSED | Open Time          | Water Walking                     | Open Time          | Pilates 11:15                     | Arthritis Class    | Open Time    |
| Noon    | CLOSED | Arthritis Class    | Yoga                              | Arthritis Class    | Aqua Chi                          | Arthritis Class    | Open Time    |
| 1 p.m.  | CLOSED | Arthritis Class    | Open Time†                        | Arthritis Class    | Adapted Leisure                   | Arthritis Class    | Open Time    |
| 2 p.m.  | CLOSED | Open Time          | Open Time                         | Open Time          | Open Time                         | Open Time          | Open Time    |
| 3 p.m.  | CLOSED | Open Time          | Open Time                         | Open Time          | Open Time                         | Open Time          | CLOSED       |
| 4 p.m.  | CLOSED | Low Impact         | Open Time                         | Low Impact         | Open Time                         | Low Impact         | CLOSED       |
| 5 p.m.  | CLOSED | Warm Water Workout | Open Time                         | Warm Water Workout | Open Time                         | Warm Water Workout | CLOSED       |
| 6 p.m.  | CLOSED | Swim Lessons       | Swim Lessons                      | Open Time          | Swim Lessons                      | Open Time          | CLOSED       |
| 7 p.m.  | CLOSED | Open Time          | Swim Lessons/<br>Open Time @ 7:05 | Open Time          | Swim Lessons/<br>Open Time @ 7:05 | Open Time          | CLOSED       |
| 8 p.m.  | CLOSED | CLOSED             | CLOSED                            | CLOSED             | CLOSED                            | CLOSED             | CLOSED       |

## Fees for Aqua Exercise Classes held in the Therapy Pool

If you purchase an Aquatic Center monthly, yearly or family pass, classes are free.

If you do not purchase an Aquatic Center monthly, yearly or family pass, classes are \$4.25 per day-or you may purchase a 12-visit Aqua Card for \$40.

All persons using the Therapy Pool must have a consent form signed by a doctor on file. Forms may be obtained at the front desk or on our website.

# Weekday Swim Lessons

## PRESCHOOL • 3-5 years • MON-FRI MORNINGS • 30 minute lessons

Held in the Olympic Pool. Preschool classes focus on water adaptation, basic safety skills and beginning stages of swimming. Parents are spectators during lessons. Children must wear tight-fitting swimsuits until toilet trained. Levels 1 to 3 taught.

**SESSION I** ..... June 8-12 ..... 8 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION I** ..... June 8-12 ..... 9:20 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION I** ..... June 8-12 ..... 10:40 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50

**SESSION II** ..... June 15-19 ..... 8 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION II** ..... June 15-19 ..... 9:20 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION II** ..... June 15-19 ..... 10:40 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50

**SESSION III** ..... June 22-26 ..... 8 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION III** ..... June 22-26 ..... 9:20 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION III** ..... June 22-26 ..... 10:40 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50

**SESSION IV** ..... June 29-July 3 ..... 8 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION IV** ..... June 29-July 3 ..... 9:20 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION IV** ..... June 29-July 3 ..... 10:40 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50

**SESSION V** ..... July 6-10 ..... 8 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION V** ..... July 6-10 ..... 9:20 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION V** ..... July 6-10 ..... 10:40 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50

**SESSION VI** ..... July 13-17 ..... 8 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION VI** ..... July 13-17 ..... 9:20 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION VI** ..... July 13-17 ..... 10:40 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50

**SESSION VII** ..... July 20-24 ..... 8 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION VII** ..... July 20-24 ..... 9:20 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION VII** ..... July 20-24 ..... 10:40 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50

## GRADE SCHOOL • 6-14 years • MON-FRI MORNINGS • 30 minute lessons

Held in the Olympic Pool. These classes teach youngsters the building blocks of the four basic swimming strokes (front crawl, backstroke, breaststroke and butterfly) as well as sidestroke and elementary backstroke in a progressive manner.

**SESSION I** ..... June 8-12 ..... 8:40 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION I** ..... June 8-12 ..... 10:00 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION I** ..... June 8-12 ..... 11:20 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50

**SESSION II** ..... June 15-19 ..... 8:40 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION II** ..... June 15-19 ..... 10:00 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION II** ..... June 15-19 ..... 11:20 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50

**SESSION III** ..... June 22-26 ..... 8:40 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION III** ..... June 22-26 ..... 10:00 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION III** ..... June 22-26 ..... 11:20 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50

**SESSION IV** ..... June 29-July 3 ..... 8:40 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION IV** ..... June 29-July 3 ..... 10:00 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION IV** ..... June 29-July 3 ..... 11:20 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50

# Weekday Swim Lessons

**SESSION V** ..... July 6-10 ..... 8:40 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION V** ..... July 6-10 ..... 10:00 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION V** ..... July 6-10 ..... 11:20 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50

**SESSION VI** ..... July 13-17 ..... 8:40 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION VI** ..... July 13-17 ..... 10:00 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION VI** ..... July 13-17 ..... 11:20 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50

**SESSION VII** ..... July 20-24 ..... 8:40 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION VII** ..... July 20-24 ..... 10:00 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50  
**SESSION VII** ..... July 20-24 ..... 11:20 a.m. .... 5 lessons ..... Levels I, II, III ..... \$32.50

# Saturday Swim Lessons

## PRESCHOOL • 3-5 years • 30 minute lessons

**JUNE 13-JULY 25** ..... 9 a.m. .... 6 lessons ..... Levels I, II, III ..... \$39  
**JUNE 13-JULY 25** ..... 10:30 a.m. .... 6 lessons ..... Levels I, II, III ..... \$39

## GRADE SCHOOL • 6-14 years • 40 minute lessons

**JUNE 13-JULY 25** ..... 9:40 a.m. .... 6 lessons ..... Levels I, II, III ..... \$42  
**JUNE 13-JULY 25** ..... 11:10 a.m. .... 6 lessons ..... Levels I, II, III ..... \$42

## ADULT • 14 years and older • 40 minute lessons

**JUNE 13-JULY 25** ..... Noon ..... 6 lessons ..... Levels I, II ..... \$42

Our staff utilizes the American Red Cross swim lesson program, which covers skills and knowledge in a logical progression of skill development levels. Refer to these descriptions to determine preschool or grade school placement.

**LEVEL I** Introduction to water skills. Getting comfortable with the face in the water, floating and kicking in front and back.

**LEVEL II** Fundamental aquatic skills. Begin independent performance of front and back floats and glides, front and back crawl a short distance.

**LEVEL III** Stroke development. Coordinate front and back crawl strokes, treading water, and introduce butterfly and diving.

No refunds will be given, for any reason. There will be no make up unless the Center must cancel a class. We are sorry for any inconvenience.